

**HAVEN'T
QUIT YET?**

**GO ON,
WE DARE
YOU...**

Quit@work

IF YOU NEED HELP TO QUIT SMOKING TALK TO YOUR
WORKPLACE CHAMPION FOR FREE ADVICE AND SUPPORT, OR CALL US.

The Quit Group
TE ROOPU ME MUTU
0800 778 778
www.quit.org.nz

**TIME
TO QUIT
SMOKING?**

**YOU
KNOW YOU
WANT TO.**

Quit@work

IF YOU NEED HELP TO QUIT SMOKING TALK TO YOUR
WORKPLACE CHAMPION FOR FREE ADVICE AND SUPPORT, OR CALL US.

The Quit Group
TE ROOPU ME MUTU
0800 778 778
www.quit.org.nz